

scottishathletics Championship Hurdle Specifications Indoor

| Distance | Age Group | Marking | Height | To first Hurdle | Distance Between | From last hurdle | Number of flights | Tip weight |
|----------|------------------|-------------|---------|-----------------|------------------|------------------|-------------------|------------|
| 60m | U13 Girls | Short Pink | 68.5cm | 11m | 7m | 21.0m | 5 | 2.7kg |
| 60m | U13 Boys | Short White | 76.2cm | 11.5m | 7.5m | 18.5m | 5 | 2.7kg |
| 60m | U15 Girls | Short White | 76.2cm | 11.5m | 7.5m | 18.5m | 5 | 2.7kg |
| 60m | U15 Boys | Short Red | 84.0cm | 12m | 8m | 16.0m | 5 | 2.7kg |
| 60m | U17 Women | Short Red | 76.2cm | 12m | 8m | 16.0m | 5 | 2.7kg |
| 60m | U17 Men | Yellow | 91.4cm | 13m | 8.5m | 13.0m | 5 | 2.7kg |
| 60m | U20/Senior Women | Yellow | 84cm | 13m | 8.5m | 13.0m | 5 | 3.6kg |
| 60m | U20 Men | Red | 99.1cm | 13.72m | 9.14m | 9.72m | 5 | 3.6kg |
| 60m | Senior Men | Red | 106.7cm | 13.72m | 9.14m | 9.72m | 5 | 3.6kg |

NOTES

The above colouring is for Glasgow Emirates Arena. 'Short' Markings are found in lanes 1,4,5 & 8 only.